



## Granada Low Back Pneumatic Multi-Tilter Chair – Ergonomic Features



### **PROPERLY CONTOURED CUSHIONS**

Support the body effectively, allowing you to sit longer without discomfort.



### **TENSION ADJUSTMENT**

Increase or decrease to match body weight. Allows you to rock comfortably, without heavy pushing, reducing muscle fatigue.



### **CENTER-TILT MOVEMENT**

Chair tilts from a pivot point under the center of the seat allowing you to rock. When your feet are well supported, blood flow is enhanced.



### **BACK ANGLE**

Adjust to change the angle of your torso in relation to your thighs. Helps reduce disc pressure and relaxes your back muscles.



### **BACK HEIGHT**

Raise or lower to position lumbar support in your lumbar area. Reduces likelihood of back pain.



### **FORWARD SEAT ANGLE**

Allows chair to tilt forward changing the angle of your thighs in relation to the floor. Helps reduce disc pressure during forward leaning tasks.



#### **CHAIR TILT LOCK**

Lock the tilt movement in position(s) to accommodate your working posture. Allows you to lock your chair in a comfortable and supportive position. (can be either single position or infinite style).



#### **SEAT HEIGHT**

Raise or lower to allow your feet to rest flat on the floor. Avoids pressure under your thighs, easing blood flow.



#### **ARM HEIGHT**

Raise or lower to support your forearms. Reduces muscular effort in neck and shoulders, minimizing risk of pain.



#### **WATERFALL SEAT EDGE**

Reduces pressure at the back of the knee, contributing to good blood flow.



#### **SEAT DEPTH**

Change the depth of the seat to accommodate the length of your thighs. Keeps your back in contact with the backrest while avoiding pressure behind your knees.



#### **WIDTH ADJUSTABLE ARMS**

Allows outward movement of armrests to match shoulder breadth. Ensures armrests properly support forearms, reducing muscular effort in neck and shoulders.