



## Organic Coir in Natural Mat Mattresses



### Where does coir come from?

Coir comes from coconut husks. The husks are soaked for up to six months, the coir fibres are then recovered from the coconut pulp by a beating process which separates the fibres from the pith of the outer skin of the coconut. The fibres are then dried and coated with a natural latex solution to make the coir more supportive and breathable. It is then placed in a heated press which compresses the product to the density and thickness required for Natural Mat mattresses.

Natural Mat's coir comes from the only organic coir plantations in the world which are located in Sri Lanka and Kerala in India. The Indian coir industry is an important cottage industry, contributing significantly to the economy and providing many vital jobs for men and women. Other uses for coir include upholstery padding, bristle door mats, agricultural twine and geo textiles. It is written in the Sanskrit that coconut palms 'provide all the necessities of live.'

### Unique benefits of coir:

- Natural Mat's coir is certified by SKAL International one of the world's most reputable inspection organizations for organic products.
- Coir has excellent temperature regulating qualities which prevents babies from over heating whilst they sleep.
- Coir is naturally anti-dust mite which means it is perfect for all allergy sufferers.
- It is very breathable and provides good ventilation and insulation.
- Because of its natural springy quality coir is very supportive.